

CURRICULUM VITAE

Chloe A. Hamza, Ph.D.

September 2020

CONTACT INFORMATION

Chloe A. Hamza, Ph.D.
Assistant Professor
Director of the Coping, Affect & Resilience in Education Lab (CARE) Lab
Department of Applied Psychology and Human Development
Ontario Institute for Studies in Education
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PROFESSIONAL EXPERIENCE

Assistant Professor

Department of Applied Psychology and Human Development 2016 – present
Ontario Institute for Studies in Education, University of Toronto

Postdoctoral Fellow, Centre for School Mental Health

Faculty of Education, Western University 2015 – 2016
Funded by the Canadian Institutes of Health Research

EDUCATION

Ph.D. Lifespan Development Psychology

Brock University 2010 – 2015

Master of Arts, Lifespan Development Psychology

Brock University 2008 – 2010

Bachelor of Arts, Honors Specialization Psychology

King's University College at Western University 2004 – 2008

ACADEMIC HONOURS, AWARDS, AND DISTINCTIONS

Postdoctoral Fellowship (\$40,000/year for 2 years)

Canadian Institutes of Health Research 2015 – 2016
**Application ranked in top 2% of 1132 applicants*

First Place, Postdoctoral Three-Minute Research Competition (\$1000)

Western University 2016

Distinguished Graduate Student Award (\$100)

Description: Awarded to the graduating student with the highest 2015

overall academic average in the doctoral program in psychology
Brock University

Doctoral Research Fellowship (\$6,000) 2014

Description: Awarded based on academic merit and research potential
Brock University

Doctoral Scholarship (\$15,000) 2013

Ontario Graduate Scholarship Program

Wendy Murphy Memorial Award in Psychology (\$1,500) 2011

Description: Peer-nominated scholarship awarded based
on academic merit and university service contributions
Brock University

Vanier Canada Graduate Scholarship (\$50,000/year for 3 years) 2010 – 2013

Description: Awarded based on academic merit and leadership in research and service
Social Sciences and Humanities Research Council

Doctoral Fellowship (\$20,000/year for 4 years) - *declined* 2010

Social Sciences and Humanities Research Council

Conference Travel Award (\$1,500) 2010

Canadian Institutes of Health Research

Joseph-Armand Bombardier Canada Graduate Scholarship (\$17,000) 2009

Social Sciences and Humanities Research Council

Master's Award (\$15,000) - *declined* 2009

Ontario Graduate Scholarship Program

Dean of Graduate Studies Excellence Scholarship (\$5,000) 2009

Brock University

Summer Research Fellowship (\$2,000) 2009

Description: Awarded based on academic merit and research potential
Brock University

Dean of Graduate Studies Research Fellowship (\$2,000) 2009

Description: Awarded based on academic merit and research potential
Brock University

Dean of Graduate Studies Entrance Scholarship (\$2,500) 2008

Description: Awarded based on academic merit and research potential
Brock University

Research Fellowship (\$2,000) 2008

Description: Awarded based on academic merit and research potential
Brock University

The Jaroslav Havelka Scholarship (\$350) Description: Awarded based on academic merit and community service contributions King's University College at Western University	2008
Dean's Honor List at King's University College King's University College at Western University	2004 – 2008
King's Continuing Scholarship (\$1,500/year for 3 years) King's University College at Western University	2005 – 2008
King's Academic Entrance Scholarship (\$3,000) King's University College at Western University	2004

FUNDING HISTORY

Grants (completed or in-progress)

International Joint Research Group, Brussels University (IJRG) (\$45,000) <u>Title:</u> International Consortium on Self-Injury in Educational Settings <u>Role:</u> Co-investigator Principal investigators: Dr. Imke Baetens, Dr. Penny Hasking, Dr. Nancy Heath Co-investigators: Dr. Stephen Lewis, Dr. Chloe Hamza, Dr. Janis Whitlock, Dr. Jennifer Muehlenkamp, Dr. Amy Brausch, Dr. Michael Kaess, Dr. Elizabeth Lloyd-Richardson, Dr. Elana Bloom, Dr. Paul Plener	2019-2022
Canadian Institutes of Health Research Project Grant (\$187,425) <u>Title:</u> Emotional cascades and nonsuicidal self-injury among university students <u>Role:</u> Principal investigator Co-investigators: Dr. Abby Goldstein, Dr. Nancy Heath	2018 – 2021
Social Sciences and Humanities Research Council of Canada Insight Grant (\$91,235) <u>Title:</u> A longitudinal examination of the associations among recent stressful life events, emotional reactivity, and nonsuicidal self-injury among university students <u>Role:</u> Principal investigator Co-investigators: Dr. Abby Goldstein, Dr. Nancy Heath <i>*application was ranked first overall in subject (psychology) committee</i> <i>*first sextile ranking in overall competition</i>	2018 – 2020
Connaught New Researcher Award, University of Toronto (\$34,518) <u>Title:</u> Emotional cascades and nonsuicidal self-injury among university students: How do we disrupt the cycle? <u>Role:</u> Principal investigator <i>*awarded \$25,000 in top-up funds reserved for highest overall ranked proposals</i>	2017 – 2019
Open Access Publishing Grant, Western University (\$1,824) Western University <u>Title:</u> The Development of the Child and Youth Mental Health Assessment (ChYMH): An examination of psychometric properties of an integrated assessment	2016

for clinically referred children and youth
Role: Co-investigator
Principal investigator: Dr. Shannon Stewart

Open Access Publishing Grant, Brock University (\$1,350) 2013

Title: Nonsuicidal self-injury and suicidal behavior: A latent class analysis among young adults

Role: Principal investigator

Co-investigator: Dr. Teena Willoughby

Undergraduate Research Grant, The Provincial Centre of Excellence for Child and Youth Mental Health at CHEO (\$5,000) 2008

Title: Young children at high-risk: Child compliance and parental warmth, sensitivity and the interpretation of emotion in a clinical sample

Role: Principal investigator

Co-investigator: Dr. Shannon Stewart

PUBLICATIONS

Refereed published academic papers (29):

* indicates a student author

^ indicates an international collaborator

*Simone, A., & **Hamza, C. A.** (in press). Examining the disclosure of nonsuicidal self-injury to informal and formal sources: A review of the literature. Paper accepted to *Clinical Psychology Review*.

Hamza, C. A., *Ewing, L, Heath, N. L., & Goldstein A. L. (in press). When social isolation is nothing new: When social isolation is nothing new: Psychological distress during COVID-19 among university students with and without pre-existing mental health concerns. Paper accepted to *Canadian Psychology*.

^Lloyd-Richardson, E. E., ^Hasking, P. A., Lewis, S. P., **Hamza, C. A.**, ^McAllister, M., ^Muehlenkamp, J., A., & ^Baetens, I. (2020). Addressing self-injury in schools, Part 1: Understanding nonsuicidal self-injury and the importance of respectful curiosity in supporting youth who engage in self-injury. *NASN School Nurse*, 35, 92-98.

^Lloyd-Richardson, E. E., ^Hasking, P. A., Lewis, S. P., **Hamza, C. A.**, ^McAllister, M., ^Muehlenkamp, J., A., & ^Baetens, I. (2020). Part 2: Addressing self-injury in schools: How school nurses can help with addressing issues related to assessment, ongoing care, and referral for treatment. *NASN School Nurse*, 35(2), 99-103

Lewis, S. P. ^Hasking, P. A., Heath, N. L., **Hamza, C. A.**, Bloom, E., ^Lloyd-Richardson, E. E., & ^Whitlock, J. (2019). Advocating for best-practices to address nonsuicidal self-injury in schools: A call to action for school psychologists. *Psychological Services*. Advanced online publication: doi:10.1037/ser0000352.

Hamza, C. A. & Willoughby, T. (2019). Impulsivity and nonsuicidal self-injury: A longitudinal examination among emerging adults. *Journal of Adolescence*, 75, 37-46.

*Ewing, A., **Hamza, C. A.**, & Willoughby, T. (2019). Stressful experiences, emotion dysregulation, and nonsuicidal self-injury among emerging adults. *Journal of Youth and Adolescence*, *48*, 1379-1389.

Hamza, C. A., & Willoughby T. (2018). A lab-based study on nonsuicidal self-injury, pain, and emotions among university students. *Psychiatry Research*, *28*, 462-468.

*Billawala, A., **Hamza, C. A.**, & Stewart S. L. (2018) Assessing psychosocial risk among children and youth with complex special needs. *Journal on Developmental Disabilities*, *23*, 17-26.

^Whitlock, J., ^Baetens, I., ^Lloyd-Richardson, E. E., ^Hasking, P. A, **Hamza, C. A.**, Lewis, S. P., ^Franz, P., & ^*Robinson, K. (2018). Helping schools help parents of youth who self-injure: Considerations and recommendations. *School Psychology International*, *39*, 312-228.

*Klassen, J., **Hamza, C. A.**, & Stewart, S. L. (2018). An examination of correlates for adolescent engagement in nonsuicidal self-injury, suicidal self-injury, and substance use. *Journal of Research on Adolescence*, *28*, 342-353.

Good, M., **Hamza, C. A.**, & Willoughby T. (2017). A longitudinal investigation of the relation between nonsuicidal self-injury and spirituality/religiosity among university students. *Psychiatry Research*, *250*, 106-112.

Stewart, S. L., & **Hamza, C. A.** (2017). The development of the Child and Youth Mental Health assessment (ChYMH): An examination of psychometric properties of an integrated assessment for clinically referred children and youth. *BMC Health Systems Research*, *17*, 82.

Stewart, S. L., *Klassen, J., & **Hamza, C. A.** (2016). Emerging mental health diagnoses and school disruption: An examination among clinically referred children and youth. *Exceptionality Education International*, *26*, 5-20.

Hamza, C. A., & Willoughby, T. (2016). Nonsuicidal self-injury and suicidal risk among emerging adults. *Journal of Adolescent Health*, *59*, 411-415.

*Armiento, J., **Hamza, C. A.**, Stewart, S. L. & Leschied, A. (2016). Direct and indirect forms of childhood maltreatment and nonsuicidal self-injury among clinically-referred children and youth. *Journal of Affective Disorders*, *200*, 212-217.

Willoughby, T., *Heffer, T., & **Hamza, C. A.** (2015). Nonsuicidal self-injury and acquired capability for suicide: A longitudinal examination. *Journal of Abnormal Psychology*, *124*, 1110-1115.

Hamza, C. A., Willoughby T., & *Heffer, T. (2015). Impulsivity and nonsuicidal self-injury: A review and meta-analysis. *Clinical Psychology Review*, *38*, 13-24.

Hamza, C. A., & Willoughby, T. (2015). Nonsuicidal self-injury and affect regulation: Recent findings from experimental and ecological momentary assessment studies. *Journal of Clinical Psychology*, *6*, 561-574.

Hamza, C. A., & Willoughby, T. (2014). A longitudinal person-centered examination of nonsuicidal self-injury among university students. *Journal of Youth and Adolescence*, *43*, 671-685.

*Armiento, J., **Hamza, C. A.**, & Willoughby T. (2014). An examination of disclosure of nonsuicidal self-injury among university students. *Journal of Community and Applied Social Psychology*, 34, 518-533.

Hamza, C. A., Willoughby, T., & *Armiento, J. (2014). A laboratory examination of pain threshold and tolerance among nonsuicidal self-injurers with and without self-punishing motivations. *Archives of Scientific Psychology*, 2, 33-42¹

Willoughby, T., Tavernier, R., **Hamza, C. A.**, Adachi, P. J. C., & Good, M. (2014). The triadic systems model perspective and adolescent risk taking. *Brain and Cognition*, 89, 114-115.

Hamza, C. A., & Willoughby, T. (2013). Nonsuicidal self-injury and suicidal behavior: A latent class analysis among young adults. *PLOS ONE*, 8, 1-7.

Willoughby, T., Good, M., Adachi, P. J. C., **Hamza, C. A.**, & Tavernier, R. (2013). Examining the link between adolescent brain development and risk taking from a social-developmental perspective, *Brain and Cognition*, 83, 315-324.

Hamza, C. A., Willoughby, T., & Good, M. (2013). A preliminary examination of the specificity of the functions of nonsuicidal self-injury among a sample of university students. *Psychiatry Research*, 205, 172-175.

Hamza, C. A., Stewart, S. L., & Willoughby, T. (2012). Examining the link between nonsuicidal self-injury and suicidal behavior: A review of the literature and an integrated model. *Clinical Psychology Review*, 32, 482-495.²

Hamza, C. A., & Willoughby T. (2011). Perceived parental monitoring, adolescent disclosure, and adolescent depressive symptomology: A longitudinal examination. *Journal of Youth and Adolescence*, 40, 902-915.

Willoughby, T., & **Hamza, C. A.** (2011). A longitudinal examination of the reciprocal effects among parenting behaviors, adolescent disclosure, and problem behavior. *Journal of Youth and Adolescence*, 40, 463-478.

Invited chapters (2):

Heath, N. L., Bastien, L., Mettler, J., Bloom, E., & **Hamza, C. A.** (in press). School response to non-suicidal self-injury. In E. Cole & M. Kokai (Eds.). *Mental Health Consultation and Interventions in School Settings: A Scientist-Practitioner's Guide*. Gottingen: Hogrefe Publishing GmbH.

Hamza, C. A., & Heath, N. L. (2018). Nonsuicidal self-injury: What schools can do. In A. W. Leschied, D. H. Saklofske, & G. L. Flett (Eds.), *The Handbook of School-based Mental Health Promotion: An Evidence Informed Framework for Implementation*. Springer International Publishing AG, Cham.³

Reports to government or other agencies (4):

¹ Paper was among the top 25 “most downloaded papers on the APA PsychNET in past three months” in July 2015.

² Paper was among the top 25 “most downloaded papers in the past three months” in *Clinical Psychology Review* in September 2012.

³ Editor notified authors that the book had been downloaded over 10,000 times as of May, 2019.

Hamza, C. A., Stewart, S., DeOliveria, C., & Cullion, C. (2008). *Young children at high-risk: Child compliance and parental warmth, sensitivity and the interpretation of emotion in a clinical sample*. The Provincial Centre of Excellence for Child and Youth Mental Health at the Children's Hospital of Eastern Ontario.

Stewart, S. L., Cullion, C., **Hamza, C. A.,** & Currie, M. (2008). *Evaluation of the short-term residential treatment unit serving children/youth ages 6-13*. The Child and Parent Resource Institute.

Stewart, S., Cullion, C., **Hamza, C. A.,** St. Pierre J., Cook, S., Leschied, A., Johnson, A., & Rielly, N. (2008). *Short-term inpatient treatment: Effectiveness of intensive intervention for children with complex mental health needs*. The Provincial Centre of Excellence for Child and Youth Mental Health at the Children's Hospital of Eastern Ontario.

Crooks., C. V., & **Hamza, C. A.** (2007). *Burn-out and vicarious trauma among prosecutors and paralegals in Alaska: Symptoms, stressors, and strategies*. The Centre for Research on Violence against Women and Children.

Refereed conference paper and poster presentations (55):

Hamza, C. A., Goldstein, A. L. & Heath, N. L. (2020). *Stressful experiences in first year-university predict nonsuicidal self-injury among students*. Poster presented to the Canadian Psychological Association virtual conference.

*Simone, A. & **Hamza, C. A.** (2020). *Examining the self-disclosure of nonsuicidal self-injury: A review of the literature*. Poster presented to the Canadian Psychological Association virtual conference.

*Ewing, L., **Hamza, C. A.,** & *Boyne, H. (2020). Identity development and mental health in the first-year of university: A longitudinal examination. Poster presented to the Canadian Psychological Association virtual conference.

*Boyne, H., **Hamza, C. A.,** & *Ewing, L. (2020). Mental health, views toward the self, and self-injury among post-secondary students. Poster presented to the Canadian Psychological Association virtual conference.

*Curran, S., Scharfe, E., *Cahill, H., *El-Ariss, G., **Hamza, C. A.,** Molnar, D. S. & Goldstein, A. (2020). Beyond the class A team: Secure attachment and substance experimentation. Poster presented at the Canadian Psychological Association virtual conference.

*Lindon, E., Scharfe, E., *Curran, S., *El-Ariss, G., *Cahill, H., **Hamza, C. A.,** Molnar, D. S. & Goldstein, A. (2020). Perfect me: Adult attachment and perfectionism. Poster presented at the Canadian Psychological Association virtual conference.

Hamza, C. A., ^Hasking, P. A., Heath, N. L., Lewis, S. P., ^Lloyd-Richardson, E. E., ^*Robinson, K., ^Whitlock, J., & ^Wilson, M. S. (2019). *An international study on student and staff understanding of nonsuicidal self-injury on university campuses*. Paper presentation given to the International Society for the Study of Self-Injury, Orlando, FL, USA.

*Ewing, L., & **Hamza, C. A.** (2019) *Navigating identity challenges and nonsuicidal self-injury during the first-year of university*. Poster presented at the International Society for the Study of Self-Injury, Orlando, FL, USA.

*Boyne, H., **Hamza, C. A.**, *Simone, A., & *Ewing, L. (2019). *Stressful experiences in university and nonsuicidal self-injury: The moderating role of self-compassion*. Poster presented at the International Society for the Study of Self-Injury, Orlando, FL, USA.

*Simone, A., **Hamza, C. A.**, & *Boyne, H. (2019). *Social support, perceived burdensomeness, and the disclosure of nonsuicidal self-injury in emerging adulthood*. Poster presented at the International Society for the Study of Self-Injury, Orlando, FL, USA.

*Ilieff, M., **Hamza, C. A.**, Willoughby, T., & *Heffer, T. (2019). *A longitudinal examination of maladaptive and adaptive perfectionism and nonsuicidal self-injury*. Poster presented at the International Society for the Study of Self-Injury, Orlando, FL, USA.

Hamza, C. A., Goldstein, A. L, Molnar, D. S., & Scharfe, E. (2019). *Impulsivity and nonsuicidal self-injurious urges and behaviors: A daily diary study*. Poster presented at the Canadian Psychological Association conference, Halifax, NS, Canada.

*Ewing, L., **Hamza, C. A.**, Goldstein, A. L., Scharfe, E., & Molnar, D. S. (2019). *Parental warmth, self-efficacy, and nonsuicidal self-injury in emerging adulthood*. Poster presented at the Canadian Psychological Association conference, Halifax, NS, Canada.

*Curran, S., *El-Ariss, G., *Enright, J. **Hamza, C. A.**, Molnar, D. S., Scharfe, E., & Goldstein, A. L. (2019). *Luring the reluctant participant: Attachment representations and participation in a longitudinal study of emerging adulthood*. Poster presented at the Canadian Psychological Association conference, Halifax, NS, Canada.

Goldstein, A. L., Molnar, D. S., Scharfe, E., **Hamza, C. A.**, & *Zhu, J. (2019). *Parent-child relationships and alcohol problems in emerging adulthood: A self-determination perspective*. Symposium presented at the Canadian Psychological Association conference, Halifax, NS, Canada.

*Allen, S., Scharfe, E., Molnar, D., **Hamza, C. A.**, & Goldstein, A. L. (2019). *Positive interactions with parents promote well-being in emerging adulthood: Findings from a daily diary study*. Poster presented at the Canadian Psychological Association conference, Halifax, NS, Canada.

Goldstein, A. L., *Zhu, J., Scharfe, E., Molnar, D. S., & **Hamza, C. A.** (2019). *Self-determination perspective on parent-emerging adult relationships and well-being: Findings from a daily diary study*. Poster presented at the Self-Determination Theory conference, Egmond aan Zee, Holland, Amsterdam.

*Simone, A., *Ewing, L., & **Hamza, C. A.** (2018). *The disclosure of nonsuicidal self-injury to formal and informal sources: An examination among emerging adults*. Poster presented at Ontario Psychological Association Conference, Toronto, ON, Canada.

*Ewing, L., *Simone, A., & **Hamza, C. A.** (2018). *Ruminative exploration, nonsuicidal self-injury, and depressive symptoms in emerging adulthood*. Poster presented at Ontario Psychological Association Conference, Toronto, ON, Canada.

Hocko, A., Fisman, S., **Hamza, C. A.**, Davison, B., Egan, R., Wilson, J., Travis, P., Bogaert, D., Stewart, S. L., & Sukhera, J. (2018). *Advanced dialectical behavior therapy (DBT) program clinical training and research initiative*. Poster presented at the Academy of Child and Adolescent Psychiatry, Halifax, ON, Canada.

^Hasking, P. A., ^Baetens, I., Bloom, E., **Hamza, C. A.**, Heath, N. L., Lewis, S. P., ^Lloyd-Richardson, E. E., & ^Whitlock J. (2018). *Nonsuicidal self-injury in educational settings: Current activities and future directions*. Roundtable symposium presented at the International Society for the Study of Self-Injury, Brussels, Belgium.

Hamza, C. A. & Willoughby, T. (2018). *Impulsivity and nonsuicidal self-injury among emerging adults in university*. Poster presented at Canadian Developmental Psychology Conference, St. Catharines, ON, Canada.

*Ewing, L., **Hamza, C. A.**, & Willoughby, T. (2018) *Stressors, emotional reactivity, and nonsuicidal self-injury among undergraduate students*. Poster presented at Canadian Developmental Psychology Conference, St. Catharines, ON, Canada.

Goldstein, A. L., *Zhu, J., Scharfe, E., Molar, D., & **Hamza, C. A.** (2018). *Parent-emerging adult interactions, wellness, and well-being in emerging adulthood: Findings from a daily diary study*. Symposium presented at Canadian Developmental Psychology Conference, St. Catharines, ON, Canada.

*Gerrard, L., **Hamza, C. A.**, & Stewart S. L. (2017). *Nonsuicidal self-injury and hyperactivity/distractibility symptoms among clinically referred youth*. Poster presented at the Canadian Psychological Association Conference, Toronto, ON, Canada.

Hamza, C. A. (2017). *Nonsuicidal self-injury and risk for suicidal behavior: Identifying students most at risk in schools*. Invited address at Canadian Conference on Promoting Healthy Relationships for Youth, London, ON, Canada.

*Klassen, J., Stewart, S. L., & **Hamza, C. A.** (2016). *Autism spectrum disorders and mental health comorbidities among children and youth: An examination of the risk for school disruption*. Podium presented at the World Psychiatric Association, Cape Town, South Africa.

*Klassen, J., **Hamza, C. A.**, & Stewart, S. L. (2016). *An examination of risk factors for adolescent engagement in direct and indirect self-injury among clinically referred children and youth*. Poster presented at the Child and Adolescent Psychiatry Research Half Day, London, ON, Canada.

Hamza, C. A., & Willoughby T. (2016). *Is nonsuicidal self-injury “double trouble” when it comes to suicidal risk? A five-wave longitudinal examination among emerging adults*. Poster presented at American Psychological Science, Chicago, IL, USA.

Good, M., **Hamza, C. A.**, & Willoughby, T. (2016). *A longitudinal investigation of the relation between nonsuicidal self-injury and spirituality/religiosity in university students*. Poster presented at Society of Research on Adolescence, Baltimore, Maryland, USA.

*Klassen, J., **Hamza, C. A.**, & Stewart, S. L. (2016). *Emerging mental health diagnosis and risk for school disruption*. Poster presented at interRAI World Conference, Toronto, ON, Canada.

Hamza, C. A., *Armiento, J., *Klassen, J., & Stewart, S. L. (2016). *Nonsuicidal self-injury: Assessment and intervention using the Child and Youth Mental Health Assessment (ChYMH)*. Podium presentation presented at interRAI World Conference, Toronto, ON, Canada.

*Billawala, A., **Hamza, C. A.,** & Stewart S. L. (2016). *Assessing psychosocial risk among children and youth with complex special needs*. Poster presented at interRAI World Conference, Toronto, ON, Canada.

Hamza, C. A., & Stewart, S. L. (2016). *Nonsuicidal self-injury and school disruption: An examination among clinically referred school-aged youth*. Poster presented at Banff Behavioral Science Conference on School Mental Health, Banff, AB, Canada.

*Klassen, J., Stewart, S. L., & **Hamza, C. A.** (2016). *Autism spectrum disorders and mental health comorbidities among children and youth: An examination of the risk for school disruption*. Poster presented at Banff Behavioral Science Conference on School Mental Health, Banff, AB, Canada.

Fisman, S., Sukhera, J., Jeanson, J., Wilson, J., Travis, P., Egan, R., Bogaert, D., Stewart, S. L., **Hamza, C. A.,** & Davidson, B. (2016). *A Prospective Evaluation of the Dialectical Behaviour Therapy (DBT) for Adolescents*. Poster presented at 17th Annual Research Half Day at Parkwood Institute, London, Ontario, Canada.

*Armiento, J., **Hamza, C. A.,** & Stewart S. L. (2015). *An examination of peer criticism and nonsuicidal self-injury*. Poster presented at annual PrevNET conference in Toronto, ON, Canada.

Hamza, C. A., & Willoughby T. (2013). *Nonsuicidal self-injury and suicidal behavior: A latent class analysis among young adults*. Poster presented at the International Society for the Study of Self-Injury Conference, Vancouver, BC, Canada.

*Armiento, J., **Hamza, C. A.,** & Willoughby T. (2013). *Psychosocial predictors of disclosure of nonsuicidal self-injury among university students*. Poster presented at Canadian Psychological Association, Quebec City, QC, Canada.

*Armiento, J., **Hamza, C. A.,** & Willoughby T. (2013). *Nonsuicidal self-injury characteristics and self-injury disclosures*. Poster presented at Canadian Psychological Association, Quebec City, QC, Canada.

Hamza, C. A., & Willoughby, T. (2012). *An examination of the risk factors that differentiate nonsuicidal self-injury and suicidal behavior among a sample of young adults*. Poster presented at the International Society for the Study of Self-Injury Conference, Chapel Hill, NC, USA.

Hamza, C. A., & Willoughby, T. (2012). *An examination of the methods of nonsuicidal self-injury employed among undergraduates at risk for suicidal behavior*. Poster presented at the International Society for the Study of Self-Injury Conference, Chapel Hill, NC, USA.

Hamza, C. A., Willoughby, T., & Good, M. (2011). *Psychosocial correlates of nonsuicidal self-injury and smoking among university students*. Poster presented to the International Society for the Study of Self-Injury Conference, New York, NY, USA.

Hamza, C. A., Willoughby, T., & Good, M. (2011). *Motivations for engaging in nonsuicidal self-injury*. Poster presented at the International Society for the Study of Self-Injury Conference, New York, NY, USA.

Hamza, C. A., Good, M., & Willoughby, T. (2011). *Group differences in perceived parenting among self-injurers and marijuana users*. Poster presented at the Society for Research in Child Development, Montreal, QC, Canada.

Hamza, C. A., & Willoughby, T. (2011). *Perceived parental monitoring, adolescent disclosure, and adolescent depressive symptoms: A longitudinal examination*. Poster presented at the Society for Research on Child Development, Montreal, QC, Canada.

Hamza, C. A., & Willoughby, T. (2010). *A longitudinal examination of the reciprocal effects among parenting behaviours, adolescent disclosure and problem behavior*. Poster presented at the Society for Research on Adolescence, Philadelphia, PA, USA.

Hamza, C. A., & Willoughby, T. (2009). *Child disclosure: Partial mediator of parenting variables and parental knowledge*. Poster presented at American Psychological Association, Toronto, ON, Canada.

Hamza, C. A., Stewart, S. L., Cullion, C., & DeOliveira, C. (2009). *Young children at high-risk: Parenting stress, depression and daily hassles as influences on the interpretation of emotion and parental sensitivity in a clinical sample*. Poster presented at the Society for Research in Child Development, Denver, CO, USA.

Hamza, C. A., Stewart, S. L., Cullion, C., DeOliveira, C., & Rick, J. (2009). *Young children at high-risk: Child compliance, parental warmth and emotional understanding*. Poster presented at the Society for Research in Child Development, Denver, CO, USA.

Stewart, S. L., Cullion, C., **Hamza, C. A.,** St. Pierre J., Cook, S., Leschied, A., Johnson, A., & Rielly, N. (2009). *Short-term inpatient treatment: Effectiveness of intensive intervention for children with complex mental health needs*. Poster presented at the Society for Research in Child Development, Denver, CO, USA.

Stewart, S. L., Cullion, C., **Hamza, C. A.,** & Currie, M. (2009) *Short-term residential treatment: Effectiveness for child/youth complex mental health needs*. Poster presented at American Psychological Association, Toronto, ON, Canada.

Stewart, S. L., Cullion, C., & **Hamza, C. A.** (2008). *Short-term residential treatment: Effectiveness of intensive intervention for children with complex mental health needs*. Poster presented at "Made in Ontario: A Showcase of Leading Practices in Child and Youth Mental Health," Toronto, ON, Canada.

Hamza, C. A., Cullion, C., Stewart, S. L., & DeOliveira, C. (2007). *Young children at high-risk: Parental interpretation of emotion and clinical implications for intervention*. Poster presented at Children's Mental Health Ontario, Toronto, ON, Canada.

Hamza, C. A., Cullion, C., Stewart, S. L., & DeOliveira, C. (2007). *Young children at high-risk: Parental warmth, sensitivity and interpretation of emotion in a clinical sample*. Poster presented at International Society for the Study of Behavioral Development, Würzburg, Germany.

Non-refereed posters and presentations (13):

*Ewing, L., **Hamza, C. A.**, & Willoughby, T (2018). *University stressors and nonsuicidal self-injury among emerging adults*. Poster presented at the 18th Annual Graduate Student Research, Ontario Institute for Studies in Education at the University of Toronto, Toronto, ON, Canada.

Hamza, C. A. (2018). *Preparing for a career in academia or an other related field*. Invited address given at Career Week, Ontario Institute for Studies in Education at the University of Toronto, Toronto, ON, Canada.

Hamza, C. A. (2017). *Building a research identity*. Invited address given to the Developmental Psychology Graduation Association, Ontario Institute for Studies in Education at the University of Toronto, Toronto, ON, Canada.

Stewart, S. L., & **Hamza, C. A.** (2017). *The Child and Youth Mental Health Assessment (ChYMH): Scale validation*. Presentation given at the International Network for Mental Health (iNMH) of interRAI, Leuven, Belgium.

Stewart, S. L., & **Hamza, C. A.** (2017). *The Child and Youth Mental Health Assessment (ChYMH): An examination of the psychometric properties of an integrated assessment developed for clinically referred children and youth*. Presentation given at the International Network for Mental Health (iNMH) of interRAI, Sydney, Australia.

Hamza, C. A. (2016). *Nonsuicidal self-injury in schools*. Presentation given at Western University Speaker Series, London, ON, Canada.

*Armiento, A., **Hamza, C. A.**, & Stewart, S. L. (2015). *An examination of peer criticism and nonsuicidal self-injury*. Poster presented at PrevNET student conference, Toronto, ON, Canada.

Hamza, C. A. (2013). *Examining the link between nonsuicidal self-injury and suicidal behaviour*. Presentation given at the Brock in-house conference, St. Catharines, ON, Canada.

Hamza, C. A. (2012). *Examining the link between suicidal and nonsuicidal self-injury*. Invited address given at Niagara Public Health in St. Catharines, ON, Canada.

Hamza, C. A. (2012). *The study of self-injury among youth*. Invited address at the 3rd annual Injury Prevention Conference in Toronto, ON, Canada.

Hamza, C. A. (2012). *Self-injurious behaviors*. Invited address at the Mental Health and Bullying Conference in London, ON, Canada.

Hamza, C. A. (2011). *Psychosocial risk factors and motivations for engaging in nonsuicidal self-injury versus smoking among university students*. Presentation given at the Brock in-house conference, St. Catharines, ON, Canada.

Hamza, C. A. (2007). *The IFEEL picture project*. Presentation given at the Child and Parent Resource Institute, London, ON, Canada.

Membership in professional societies:

Canadian Psychological Association 2018 – present

International Consortium on Self-Injury in Educational Settings (ICSES) 2017 – present

ICSES is a small group of leading researchers and clinicians from several countries around the world. The mission of ICSES is to develop and support the implementation of evidence-based practices for identifying and responding to self-injurious behaviors in a variety of educational settings including elementary and secondary schools, colleges, and universities.

International Society for the Study of Self-Injury 2011 – present

Research and work in the media:

- *Internal task force report recommends sweeping changes to the way U of T handles mental health on campus* (Jan. 15, 2020), The Globe and Mail
- *Student pressure 'really is there': Task force calls on U of T to simplify mental health services*, (Jan.15, 2020), CBC news
- *'We heard the call for change': Task force on student mental health issues report and recommendations* (Jan. 15, 2020), U of T News
- *Task Force on Student Mental Health Announces Members*, (June 1, 2019), The Varsity
- *Task Force on Student Mental Health Announces Members*, (June 1. 2019), U of T News
- *Meet three U of T scholars who are advancing research and care in adolescent and young adult mental health* (Jan. 30, 2019), U of T News
- *BellLetsTalk: Meet 3 OISE professors who are advancing research and care in adolescent and young adult mental health*, (Jan. 30, 2019), OISE News
- *56 rising U of T research stars awarded Connaught New Researcher Awards*, (June 2. 2017), U of T News

TEACHING EXPERIENCE

Graduate courses taught:

Mental Health in the Classroom (APD1297)

MA/MEd course, Applied Psychology and Human Development

Ontario Institute for Studies in Education

Sections taught: Winter 2020, Fall 2019 (2 sections), Winter 2019 (2 sections), Spring 2018, Winter 2018 (2 sections), Spring 2017, Winter 2017

*** developed flex mode version of course (students can participate in-person or online)**

Adolescence Risk and Resiliency (APD1295)

MA/MEd./Ph.D. course, Applied Psychology and Human Development

Ontario Institute for Studies in Education

Sections taught: Winter 2020, Fall 2017, Winter 2017

***developed course**

Developmental Psychopathology (APH1236)

MA course, Applied Psychology and Human Development
Ontario Institute for Studies in Education
Sections taught: Fall 2016

Undergraduate courses taught:

Adolescent Development (3P18), Co-instructor

Third year undergraduate course, Psychology
Brock University
Section taught: Winter 2014

Social Development (3P77), Co-instructor

Third year undergraduate course, Psychology
Brock University
Section taught: Winter 2013

Invited Guest Lectures:

Mental Health in the Classroom (APD1297)

Title: Nonsuicidal self-injury and suicidal behaviour
MEd course, Developmental Psychology and Education
Date: May 27, 2019

Childhood Education Seminar II: Advanced Teaching (APD2202H)

Title: Mental Health in the Classroom
MA course, Child Studies and Education
Ontario Institute for Studies in Education
Dates: Oct. 17, 2019, March 8, 2018, Nov. 16, 2017

Prosocial Seminar in Applied Psychology and Human Development (APHD3200)

Title: Seeking a Career in Academia
Ph.D. course, Applied Psychology and Human Development
Ontario Institute for Studies in Education
Dates: Nov. 20, 2019, Feb. 6, 2018, Oct. 10 2017, Nov. 18, 2016

Pluralistic Human Development (HDV1000)

Title: Developmental Processes and Mental Health
Ph.D. course, Applied Psychology and Human Development
Ontario Institute for Studies in Education, University of Toronto
Date: Oct. 18, 2016

Professional Case Seminar (9800)

Title: Nonsuicidal Self-Injury Theory and Research
Ph.D. Course, School and Applied Child Psychology
Western University
Dates: Oct. 14, 2015, Oct. 21, 2015

Teaching assistantships:

Teaching Assistant, Introduction to Counselling and Psychotherapy (4P79)

Fourth year undergraduate course, Psychology, Brock University

Sections: Fall 2013, Fall 2011, Fall 2009, Fall 2008

Teaching Assistant, Psychosocial Problems in Adolescence (4P50)

Fourth year undergraduate course, Psychology, Brock University

Section: Winter 2013

Teaching Assistant, The Psychology of Parenting (3P23)

Third year undergraduate course, Psychology, Brock University

Section: Winter 2012

Teaching Assistant, Professional Issues in Psychology (4P69)

Fourth year undergraduate course, Psychology, Brock University

Section: Winter 2010

Teaching Assistant, Lifespan Development (2P12)

Second year undergraduate course, Psychology, Brock University

Section: Winter 2009

STUDENT SUPERVISION

MA graduate students

Holly Boyne, primary supervisor (Sept. 2019 – 2020)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Depressive symptoms, perceived stress, and nonsuicidal self-injury: An examination of the mediating effects of self-compassion

Maria Ilieff, primary supervisor (2017 – 2019)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Maladaptive and adaptive perfectionism and nonsuicidal self-injury: A longitudinal examination among university students

Alexandra Ewing, primary supervisor (2017 – 2018)

MA Developmental Psychology and Education, Ontario Institute for Studies in Education

Title: Stressful life events, emotional reactivity, and nonsuicidal self-injury among university students

Lindsey Gerrard, primary supervisor (2016 – 2018)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Attention deficit hyperactivity disorder and nonsuicidal self-injury among clinically-referred children and youth

Janell Klassen, co-supervisor (2015 – 2016)

MA Counselling Psychology, Western University

Title: An examination of risk factors for adolescent engagement in directly and indirectly self-injurious behaviors

Alshaba Billawala, co-supervisor (2015 – 2016)

MA Counselling Psychology, Western University

Title: An examination of risk factors among male children with complex special needs

Ph.D. graduate students

Holly Boyne, primary supervisor (Sept. 2020 – present)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Self-compassion and nonsuicidal self-injury

Maria Ilieff, primary supervisor (2019 – present)

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Recent interpersonal trauma experiences and nonsuicidal self-injury

William Janssen, primary supervisor (2019 – present)

Ph.D. School and Child Clinical Psychology

Title: Perfectionism, perfectionistic cognitions, and nonsuicidal self-injury

Alexandra Ewing, primary supervisor (2018 – present)

Ph.D. Developmental Psychology and Education, Ontario Institute for Studies in Education

Title: Ruminative exploration, anxiety, and nonsuicidal self-injury

Ariana Simone, primary supervisor (2018 – present)

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Barriers to disclosure of nonsuicidal self-injury among undergraduate students

Student distinctions/awards received under my supervision

- Lexi Ewing, Joseph-Armand Bombardier CGS Doctoral Award (\$35,000/year for 3 years) 2020-2023
- Ariana Simone, SSHRC Doctoral Fellowship (\$20,000/year for 3 years) 2020-2023
- William Janssen, Joseph-Armand Bombardier CGS Doctoral Award (\$35,000/year for 3 years) 2019-2021
- Holly Boyne, Doctoral Ontario Graduate Scholarship (\$15,000) 2020-2021
- Maria Ilieff, Doctoral Ontario Graduate Scholarship (\$15,000) 2019-2020
- Holly Boyne, Master's Ontario Graduate Scholarship (\$15,000) 2019-2020
- Ariana Simone, Doctoral Ontario Graduate Scholarship (\$15,000) 2019-2020
- Lexi Ewing, CPA Certificate of Academic Excellence for MA thesis 2019
- Maria Ilieff, CPA Certificate of Academic Excellence for MA thesis 2019
- Holly Boyne, Joseph-Bombardier Scholarship, SSHRC (\$17,500) 2018-2019
- Maria Ilieff, Master's Ontario Graduate Scholarship (\$15,000) 2018-2019
- Maria Ilieff, Joseph-Bombardier Scholarship, SSHRC (\$17,500) 2017-2018
- Lindsey Gerrard, Joseph-Bombardier Scholarship, SSHRC (\$17,500) 2017-2018
- Janell Klassen, Master's Ontario Graduate Scholarship (\$15,000) 2015-2016

MA committee supervision

Harrison McNaughtan, MA Second Reader (2019)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Self-reported understanding of romantic relationships: High school students with Autism Spectrum Disorder (ASD) compared to neurotypical high school students

Ariana Simone, MA Second Reader (2018)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Children's comprehension of implicit messages to interpret ambiguous requests

Joyce Zhu, MA Second Reader (2018)

MA Counselling and Clinical Psychology, Ontario Institute for Studies in Education

Title: Alcohol use and emerging adult profiles: A study of latent subgroups using mixture modeling

Harrison McNaughtan, MA Second Reader (2017)

MA Developmental Psychology and Education, Ontario Institute for Studies in Education

Title: Self-reported understanding of romantic relationships: High school students with Autism Spectrum Disorder (ASD) compared to neurotypical high school students

Andrew Goodwin, MA Second Reader (2017)

MA School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: A person-centred approach to understanding wisdom, identity, and well-being in adults with high-functioning autism spectrum disorder: An in-depth cross-case gestalt analysis

Ph.D. committee supervision

Elizabeth Wong, PhD (2020 – present)

PhD in Counselling and Clinical Psychology

Title: The role of treatment-seeking stigma on treatment engagement and outcome

Nikan Eghbali, PhD (2020 – present)

PhD in Counselling and Clinical Psychology

Title: From suicidal ideation to adversarial growth: A mixed method approach to understanding the role of affective processing and meaning making

Marlena Colasanto, PhD (2020 – present)

Ph.D. School and Child Clinical Psychology

Title: Depression and cardiovascular risk factors in children and adolescents and the effect of parent-child relationships on this association

Joyce Zhu, Ph.D. Committee (2019 – present)

Ph.D. Counselling and Clinical Psychology, Ontario Institute for Studies in Education

Title: Parental criticism and nonsuicidal self-injury in emerging adulthood

Danielle Kofler, Ph.D. Committee (2018 – present)

Ph.D. Counselling and Clinical Psychology, Ontario Institute for Studies in Education

Title: Cannabis use motives in emerging adulthood: Using daily diary methods to inform intervention

Natania Marcus, Ph.D. Committee (2018 – present)

Ph.D. Counselling and Clinical Psychology, Ontario Institute for Studies in Education

Title: Daily stigma and emotion regulation in sexual and gender minority individuals: The mediating role of risk and protective factors

Jessica Carmichael, Ph.D. Committee (2017 – present)

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: The role of therapist training, personality, and self-image on treatment outcomes in child and adolescent psychotherapy

Taylor Heffer, Ph.D. Committee (2017 – present)

Ph.D. Lifespan Development, Brock University

Title: Sensitivity to reward and punishment in childhood and adolescence

Rick Ezekiel, Ph.D. Committee (2016 – present)

Ph.D. (Flex) Developmental Psychology and Education, Ontario Institute for Studies in Education

Title: Stress, learning, and academic performance in university: Developmental links to early childhood adversity

Kathleen Moore, Ph.D. Committee (2016 – 2019)

Ph.D. Leadership, Higher and Adult Education, Ontario Institute for Studies in Education

Title: Graduate student mental health and academic achievement

Victoria Sit, Ph.D. Committee (2016 – 2018)

Ph.D. Counselling and Clinical Psychology, Ontario Institute for Studies in Education

Title: An assessment of barriers to help-seeking among sexual assault survivors

Internal examiner for oral defence

Tamara Kornacki

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Parental Involvement in the Education of Culturally and Linguistically Diverse Adolescents

Date: January 10, 2020

Amanda Dyson

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Fathering: Increasing their visibility in research and as influencers of child development

Date: May 22, 2019

Linda Iwenofu

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: Improving the reading achievement of language minority and disadvantaged youth at risk of academic failure

Date: April 3, 2019

Laura Weinheimer

Ph.D. School and Child Clinical Psychology, Ontario Institute for Studies in Education

Title: A mixed method exploration of suicidality in clients with intellectual disability

Date: June 14, 2018

Alessandra Schneider

Flex Ph.D. Developmental Psychology and Education, Ontario Institute for Studies in Education

Title: Cross-cultural adaptation and validation of strengths-based parenting measures in Brazil:

PICCOLO and cognitive sensitivity scales

Date: March 6, 2018

External examiner for oral defence

Emilia Pacholec

MA in School and Child Clinical psychology

Title: Acceptability of making mindfulness matter (M3): A community based program for families experiencing adversity

Date: April 20, 2020

Research practicum students

Kevin Han Xiang Yu (2018-2019)

MEd practicum student, Developmental Psychology and Education

Title: Academic stressors, sleep and nonsuicidal self-injury among university students

Undergraduate students:

Taylor Heffer, co-supervisor 2014 – 2015

Honours thesis in psychology (4th year), Brock University

Title: Nonsuicidal self-injury and acquired capability for suicide

Taylor Heffer, primary supervisor 2013 – 2014

Independent study project in psychology (3rd year), Brock University

Title: An examination of the link between nonsuicidal self-injury and impulsivity

Jenna Armiento, primary supervisor 2012 – 2013

Honours thesis in psychology (4th year), Brock University

Title: An examination of disclosure of nonsuicidal self-injury among university students

Jenna Armiento, primary supervisor 2012 – 2013

Independent study project (4th year), Brock University

Title: An examination of the link between nonsuicidal self-injury and pain

PROFESSIONAL DEVELOPMENT

14 day writing challenge (March 23 – April 3, 2020)

I participated in a 14 day writing challenge through the National Centre for Faculty Development and Diversity. Participants completed daily timed writing sessions, and worked as part of a small group of early career faculty to advance academic writing.

Tenure Promotion Workshop (March 5, 2020)

I participated in a two-hour workshop at the University of Toronto that included preparing for four-year review and tenure (e.g., identifying submission criteria, preparation of documents, etc.).

Early Career Researcher (ECR) Observer Program for CIHR (Nov. 25 & 26, 2019)

As part of this professional development opportunity, I completed training modules in conducting quality peer reviews, avoiding bias in peer review, and understanding the peer review process. I then did

practice reviews of the CIHR project grant submissions for the fall competition, and then observed the peer-review process in Ottawa.

Diversity in Research Design (Oct. 3, 2019)

I participated in a two-hour workshop on the concepts of sex/gender and GBA+ (gender-based analysis plus) in research, and a panel of U of T researchers from a range of disciplines discussed how they have effectively integrated considerations of sex, gender, and other factors into their research questions and methods.

Pre-tenure Luncheon – Tenure Promotion Workshop (April 16, 2019)

I attended a two-hour lunch and learn at the Ontario Institute for Studies in Education that focused on navigating the tenure promotion process, and tips for planning for tenure review.

Demystifying the Dossier Series: Preparing the Teaching Dossier (April 10, 2019)

I attended a two-hour session at the University of Toronto focused on how to prepare a teaching dossier. Topics included: preparing a teaching philosophy, describing your teaching practices, demonstrating teacher effectiveness, and providing a coherent narrative around teaching.

Interim/Tenure Promotion Workshop (March 24, 2019)

I participated in a two-hour workshop at the University of Toronto that included preparing for four-year review and tenure (e.g., identifying submission criteria, preparation of documents, etc.).

Pre-tenure Training Luncheon – Publishing & Grant Administration (Feb. 26, 2019)

I attended a 1.5 hour lunch and learn at the Ontario Institute for Studies in Education that focused on strategies for research publication, publication planning, and grant administration.

Media Relations 101 (Feb. 13, 2019)

I completed a 1.5 hour session at University of Toronto on media communications. Topics included how to raise awareness about your research, amplifying your expertise, and identifying relevant opportunities to share research with the media.

Pre-tenure Training Luncheon – Supervision & Teaching (Dec. 6, 2018)

I attended a 1.5-hour lunch and learn at the Ontario Institute for Studies in Education focused on helping new faculty to develop strong teaching and supervision practices.

Pre-tenure Training Luncheon – Building a Research Program (April 5, 2018)

I attended a 1.5 hour lunch and learn at the Ontario Institute for Studies in Education on how to identify relevant sources of funding, strategies for disseminating your work, publication metrics, and research project management.

Lunch & Learn: Supporting International Students (Oct. 31, 2018)

I attended a one-hour lunch and learn at the Ontario Institute for Studies in Education aimed at highlighting international student learning needs, and participated in a discussion around strategies to support international students in the classroom.

Windows on Equity: Invisible Disabilities and Academic Accommodations (May 8, 2018)

I attended a two-hour workshop (panel and discussion) at the Ontario Institute for Studies in Education around supporting students with invisible disabilities, and striving for an inclusive academic community.

Gender Identity, Gender Expression, and Navigating the University (January 18, 2018)

I attended a two-hour workshop hosted by the Sexual and Gender Diversity officer on how to better understand trans and gender non-binary identities, vocabulary and pronouns, as well as how to enhance support of gender diverse and gender independent students, staff and faculty. The session included a discussion on how to create and plan for gender-inclusion in your classroom and teaching practice.

Pre-tenure Training Luncheon: Building a Research Program (Nov. 24, 2017)

I attended a 1.5 hour training session at the Ontario Institute for Studies in Education on building a research trajectory as a new faculty member, balancing research with service and teaching, and planning for the tenure process.

Faculty Success Program (May – August, 2017)

I completed a 12-week Faculty Success Program through the National Centre for Faculty Development and Diversity. This program was designed for new faculty to develop skills in academic writing, project development, time management, and networking. As part of this program I completed weekly online learning modules and homework assignments, participated in a weekly 75-minute small group conference call with other new faculty, and completed daily check-ins and writing challenges.

SSHRC Insight Grant Workshop (June 12, 2017)

I participated in a five-hour workshop at the Ontario Institute for Studies in Education which provided an overview of the Insight Grant application process. Participants also had the opportunity to present a summary of their proposal and receive feedback from the rest of the group, including invited speakers.

Tenure Promotion Workshop (May 24, 2017)

I participated in a two-hour workshop at the University of Toronto that included preparing for four-year review and tenure (e.g., identifying submission criteria, preparation of documents, etc.).

Flex Teaching in the Classroom (April, 2017)

I completed an eight-hour workshop on the delivery of flex graduate courses at the Ontario Institute for Studies in Education. Topics included: designing a course outline, developing assignments and evaluations, using flex technology, and integrating new technology strategies in the classroom.

Instructor Workshop, “Getting Started: Building your Portal Course” (2016)

I completed a two-hour workshop at the University of Toronto on the basics of developing a course in Blackboard (e.g., designing your course on Blackboard, grading, facilitating online engagement).

Instructor Workshop, “Grade Center: Providing Feedback and Marks Online” (2016)

I completed a two-hour workshop at the University of Toronto on how to use Emarks for uploading and submitting students grades.

Certification in interRAI’s Child and Youth Mental Health Assessment System (ChYMH) (2015)

I completed an intensive two-day training course on the administration of the interRAI’s child and youth mental health assessment suite to conduct assessments with children and families in schools in socially disadvantaged areas in London, Ontario. Topics included: assessing and coding interRAI items, use of assessment software, skills for effective interviewing, and interpreting assessment results.

Certification in Scientist Knowledge Translation (2015)

I completed a two-day training session at Sick Kids Hospital on knowledge translation in health research. Topics covered included: developing an effective knowledge translation plan and identifying

strategies for knowledge dissemination, understanding implementation science, and evaluating research impact.

eLearning for New Faculty (2015)

I completed a one-day training session at Western University on understanding and applying Western's information technology resources in the classroom to improve student learning (e.g., OWL).

R Workshop (2015)

I completed a three-day intensive training course offered at Brock University on data preparation, analysis, and interpretation using "R" statistical software. A variety of statistical analyses were covered, including means and regression-based approaches, path analysis, structural equation modelling, and dimension reduction.

Certification of Teaching and Learning in Higher Education (2015)

To foster my strengths in teaching, I have taken advantage of a variety of professional development opportunities. After completing several teaching workshops (described below), I received Certification of Teaching and Learning in Higher Education through Brock University's Centre of Pedagogical Innovation.

Assessing Student Work: Developing Shared Expectations (2015)

I completed a two-hour workshop at Brock University on the assessment of student work. Topics included, exploring assessment approaches, developing evaluation strategies, and maximizing student learning through evaluation.

Nuts and Bolts of Reflective Practice (2015)

I completed a two-hour workshop at Brock University on the use of reflective thinking as a teaching practice. An overview of several approaches/strategies to foster student reflective thinking was provided.

Instructional Skills Workshop Certificate (2013)

I completed a three-day instructional skills workshop through Brock's *Centre of Pedagogical Innovation* on developing course learning objectives and lesson plans, strategies for encouraging class participation, theories of adult learning, and tips for designing course evaluations (e.g. exams, essays). I also presented several brief lectures to a group of instructors, and received verbal, written, and video feedback on my performance

Marking Madness "Tips and Tricks for Effective Grading" (2013)

I completed a two-hour workshop at Brock University on effective student evaluation. Several suggestions to improve grading quality were offered (i.e., use of rubrics, blind evaluation). The facilitator also underscored how assessment for learning can complement assessment of learning (i.e., using evaluations to foster student development and improvement, in addition to evaluating performance).

Creative Ideas for the Classroom (2013)

I completed a two-hour workshop at Brock University. Facilitators discussed the role of creativity in the classroom, and participants engaged in a variety of "creative" tasks to learn about how creativity can be used to foster student engagement.

Helping Students Prepare for Exams (2013)

I completed a two-hour workshop at Brock University that focused on providing students with several practical strategies for helping students to develop effective studying strategies and techniques. Methods for instructors to integrate review/practice test components into course content were provided.

Academic Integrity and TA experience (2013)

I completed a two-hour workshop at Brock University focused on the undergraduate academic code of conduct. Topics included: potential violations of academic integrity, including plagiarism, and strategies for supporting violations to the code of conduct in classrooms.

Getting the Most out of your Scantron report (2013)

I completed a two-hour workshop at Brock University on the use of scantrons in classes. Topics include how to complete the information technology request order form, and request helpful data for exam development (e.g., % of students who answer each question correctly).

Ethical Dilemmas in Teaching (2009)

I completed a two-hour workshop at Brock University on ethical conduct in teaching. Topics covered included issues around student confidentiality, instructor professionalism, and relationship boundaries. Practical guidelines were provided, outlining appropriate instructor conduct around several ethical dilemmas.

COMMUNITY AND VOLUNTEER ACTIVITIES

Editorial Boards:

Journal of Youth and Adolescence
Adolescent Research Review

2014 – present
2014 – present

Services as ad-hoc referee:

Journal of Affective Disorders
Child Development
Psychology and Psychotherapy: Theory, Research and Practice
Journal of Research on Adolescence
Emerging Adulthood
Journal of Adolescent Health
Personality Disorders: Theory, Research, and Treatment
JAMA Psychiatry
Journal of Adolescence
Psychiatry Research
Suicide and Life-Threatening Behavior
Journal of Youth and Adolescence
Journal of Abnormal Child Psychology
International Journal for Environmental Health Research
Journal of Clinical Psychology
Archives of Suicide Research

University Service (since being hired as an Assistant Professor in 2016):

SCCP Comp Committee (May – June 2020)

Duties: Corresponded with SCCP students about exam, solicited questions from faculty that formed the exam, prepared and distributed exam, compiled graded exams.

Research Mitigation Committee (April 2020 – present)

Duties: Worked with the committee to identify both short and longer term solutions to delays in research resulting from the COVID-19 pandemic. In May, the committee organized and hosted a biweekly “Data Distancing” research series highlighting alternative modes of data collection (e.g., using social media data, online survey platforms, collecting observational data with teleconferencing tools, the use of secondary data analyses, etc.). I gave one of these workshops, entitled “Quality tricks with Qualtrics.”

Presidential & Provostial Task Force on Student Mental Health (May – December 2019)

University of Toronto

Duties: Nominated and selected as one of three faculty representatives at the University of Toronto to serve on a task force on postsecondary student mental health. Responsibilities include reviewing existing mental health services on campus, community partnerships, and examining physical space for mental health provision, and then making recommendations to the President and Provost of the university in a final report due early 2020.

Advisory Committee for the Appointment of a Chair for APHD (November 2019)

Duties: Reviewed chair nominations with the committee, represented the interests specifically of new-faculty, assisted with selecting a departmental chair for Applied Psychology and Human Development

Search Committee for Assistant Professor, Tenure Stream - Neuropsychology, Resilience and Student Well-Being, Department of Applied Psychology and Human Development (2018 – 2019)

Ontario Institute for Studies in Education

Duties: Disseminated the job description to relevant networks, reviewed and rated application files, made recommendations around generating the short-list of applicants, participated in applicant interviews and assisted with decision making around final applicant offers.

Admissions Committee Co-Chair, School and Child Clinical Psychology (2018 – 2019)

Ontario Institute for Studies in Education

Duties: Developed recruitment materials and rater criteria documents for faculty, provided updates to faculty at program meetings around the admissions process, rated applicant files, generated the short-list, regularly corresponded around admissions decisions with relevant parties (i.e., faculty, administrative assistant, admissions co-chair, program chair, etc.), and co-ordinated final matching of faculty and applicants.

Selection Committee for the Leithwood Award for Outstanding Thesis of the Year (March 2018)

Ontario Institute for Studies in Education

Duties: Reviewed and evaluated nominated theses using the award criteria, and made recommendations for the recipient of the award.

Admissions Committee Co-Chair, School and Child Clinical Psychology (2017 – 2018)

Ontario Institute for Studies in Education

Duties: Developed recruitment materials and rater criteria documents for faculty, provided updates to faculty at program meetings around the admissions process, rated applicant files, generated the short-list, regularly corresponded around admissions decisions with relevant parties (i.e., faculty, administrative assistant, admissions co-chair, program chair, etc.), and co-ordinated final matching of faculty and applicants.

Colloquium Committee (2017 – 2018)

Ontario Institute for Studies in Education

Duties: Identified potential speakers, met with the colloquium committee to choose speakers, invited and corresponded with potential speakers, prepared speaker introductions, and hosted speakers for visits prior to their talks.

Progress through the Ranks (PTR) Committee (2017)

Ontario Institute for Studies in Education

Duties: Reviewed several assigned faculty progress through the rank files (PTR), wrote up reviews for files, and met with the PTR committee to review files.